



## Requested Donations:

*All items must have a clear expiration date and ingredient list.*

- Gluten-free foods (non-perishable)
- Spices and condiments
- Healthy snacks (nuts, granola bars, canned and dried fruits)
- Menstrual care products & Hygiene items
- Name-Brand Cereals
- Rice, pasta, and canned pasta sauce,
- Dry beans (all varieties)
- Low-sodium broths, soups, stews, chili
- 100% fruit and vegetable juices.

## We Cannot Accept:

- Alcohol or mixers intended to be used with alcohol,
- OTC oral medications,
- Flammable products such as lighters, matches, or charcoal,
- Products in glass containers.
- Perishable products
- Opened products
- Expired products

## Try to Avoid :

- Sugar-sweetened beverages such as soda and non-fruit juice,
- Candy products,
- Energy drinks.

*Questions? Contact us: (508) 842-3663*

*Drop off times are Monday-Friday 8:00AM-3:30PM; 474 Boston Turnpike, Shrewsbury, MA 01545*

*Closed all major holidays*